BREAK TIME

COFFEE BREAKS & REFRESHMENTS

Continental Breakfast

Fresh Pastries Sliced Fresh Fruit Chilled Juice Sliced Whole Bagels & Cream Cheese Fruit Flavored Yogurts Freshly Brewed Coffee

Decaffeinated Coffee Herbal Teas Bottled Water

Healthy Sensations

Hard Boiled Eggs Fruit Flavored Yogurts Sliced Whole Bagels & Cream Cheese Sliced Fresh Fruit Chilled Juice Freshly Brewed Coffee Decaffeinated Coffee Herbal Teas Bottled Water

Cookie Connection

M&M Cookies Chocolate Chip Cookies Oatmeal Raisin Cookies Freshly Brewed Coffee Decaffeinated Coffee Herbal Teas Assorted Soft Drinks Bottled Water

Pennsylvania Dutch Treat

Assorted Whoopie Pies Hershey's Kisses Hard Sourdough Pretzels Lebanon Bologna and Cheese Freshly Brewed Coffee Decaffeinated Coffee Herbal Teas

Assorted Soft Drinks Root Beer Bottled Water

Intermission

Assorted Chips & Popcorn Warm Soft Pretzel Bites Fresh Brownies Hershey Miniature Candy Bars Freshly Brewed Coffee Decaffeinated Coffee Herbal Teas

Assorted Soft Drinks Bottled Water

Health Nut Break

Selection of Granola & Trail Mix Bars Assorted Fresh Vegetables and Dip Assorted Whole Seasonal Fruit

Freshly Brewed Coffee Decaffeinated Coffee Herbal Teas Assorted Soft Drinks Bottled Water

Create Your Own Trail Mix Display

Mini Pretzels Assorted Chocolate Chips Dried Fruit(s) M&M Candies Raisins Dried Cranberries Assorted Nuts Freshly Brewed Coffee Decaffeinated Coffee Herbal Teas Bottled Water

60 Minutes of Service.

Additional Selections on Reverse Side.

BREAK TIME

EXPRESS WRAP

Maximum 50 People.

Ham, Turkey, and Vegetable Wraps

Assorted Potato Chips

Freshly Baked Cookies

Pasta Salad

Assorted Soft Drinks

Bottled Water

THE ALL-DAY EXECUTIVE

Early Morning

Freshly Brewed Coffee

Herbal Teas

Assorted Fresh Pastries and Bagels

Decaffeinated Coffee

Assorted Chilled Juice

Fruit Flavored Yogurts

Mid-Morning

Freshly Brewed Coffee

Herbal Teas

Granola and Trail Mix Bars

Decaffeinated Coffee

Sliced Fresh Fruit

Afternoon

Freshly Brewed Coffee

Herbal Teas

Bottled Water

Assorted Freshly Baked Cookies

Decaffeinated Coffee

Assorted Soft Drinks

COFFEE BREAKS

- #1 Freshly Brewed Coffee, Decaffeinated Coffee, Herbal Teas, Assorted Fresh Pastries, and Chilled Juice
- #2 Freshly Brewed Coffee, Decaffeinated Coffee, Herbal Teas, and Assorted Soft Drinks
- #3 Freshly Brewed Coffee, Decaffeinated Coffee, and Herbal Teas

60 Minutes of Service. Additional Service Available on Consumption.

Best Western Premier The Central Hotel & Conference Center 800 East Park Drive, Harrisburg, PA 17111 • Phone 717-561-2800 • Fax 717-564-2347

www.theCentralHotelHarrisburg.com